



Jade's Giving Superhero Tips

1. When your friend is sad, draw a picture, fold it into a paper airplane, and fly it their way.
2. If your friend is lonely, pretend that you are superheroes and act out a fun adventure.
3. Helping is a free gift! Jade recommends helping your family at least once a day.
4. Who are your neighbors? Sometimes you can help them with a chore.
5. Jade's sister snoops through her backpack. Jade says to teach younger children something fun if they are bored.
6. Little kids can be messy. You help your siblings and your parents when you come to the rescue with a napkin.
7. Little kids can be noisy. Superheroes come to the rescue with a song.
8. Pets sometimes get into trouble. A little assistance and some patience go along way in the animal world.
9. How do you like to help your family?
10. How can you help a friend this week?



You can help your child learn one tip a week.